



אנסטין באנגלית לכיתה ז'

נערך על ידי מטיק מרכזי למידה

VOLLEYBALL

BY CARL ROGERS

What is volleyball?

Volleyball is a popular game in Europe. You can play volleyball indoors, outdoors, on the beach or in a gym. People can enjoy it all year round. It's a game for everybody - children, teens and adults.

How do you play?

To play volleyball, the players need a net and a ball. Each team has three to five players. The players jump high and then they hit the ball over the net to the other side. If one team misses the ball, the other team gets a point. The players must never catch the ball. The game ends when the winning team has 25 points.

What makes volleyball exciting?

It is a fast and energetic game. Players can jump very high and often jump from side to side too. It is most fun when played on the sand because it does not hurt when the players fall.

Is it a competition sport?

Yes, there are volleyball competitions. The teams come from all over the world. Today there are volleyball clubs in many countries.

If you like sport, playing in a team, and keeping fit, then this is the sport for you.

Questions.

1. Volleyball is a

a. sports club

b. ball

c. team sport

d. sport for adults

2. What do people need to play the sport?

People need a net and a ball to play volleyball.

3. Write T (true) or F (false) for each of the following sentences.
Copy the words from the article that helped you answer.

a. People play volleyball only in the summer.

F - "people can enjoy it all year round".

b. Players use their hands when they play.

T - "They hit the ball over the net to the other side".

c. Volleyball has five players on each side.

F - "Each team has three to five players".

d. There are volleyball clubs only in Europe.

F - "the teams come from all over the world".

4. What are the rules for playing volleyball? Give TWO.

a. The players must never catch the ball.

b. If one team misses the ball, the other team gets a point.

5. Complete the sentences. (2 x 2 POINTS).

a. Volleyball is for everybody

b. It is most fun when played on the sand because it does not hurt when players fall

Jenny Smith - THE HALFWAY HOUSE

BY CARL ROGERS.

What did Jenny Smith do?

In January 2007, at the age of 15, Jenny Smith opened a homeless shelter to care for homeless people in her hometown - Leeds, England. She decided to call it the Halfway House. In the first year Jenny and her friends took care of over 5000 homeless people.

What made her decide to do it?

Jenny has always loved to volunteer. When she was a teenager, she helped at a centre for homeless people. Jenny enjoyed helping people and loved talking to them. "It's really interesting just sitting and listening to their stories," she said.

How did it all begin?

Jenny noticed that her town had too many homeless people. The project started with Jenny and her friends going around town and talking to all the homeless people. Then it grew and she looked for a building. Jenny also asked local business to donate money and she spoke to pupils at her school and asked them to work as volunteers.

Why did she go to London?

In 2009 Jenny went to London to get an award for her good work. She became one of the leading volunteers in England. Her parents said, "She's always loved talking to people and making them smile".

Questions.

1. When did Jenny start the Halfway

House? Jenny started the Halfway House in January 2007.
.....

2. Why did Jenny open the Halfway

House? Jenny opened the Halfway House because she had noticed her town had too many homeless people.
.....

3. Complete the sentences.

a. In the first year Jenny helped..... over 5000 homeless people.

b. Jenny first volunteered at..... a centre for homeless people.

4. Write TWO things did Jenny do to open the Halfway House.

a. Jenny looked for a building.
.....

b. Jenny asked local businesses to donate money.
.....

5. The article tells us that Jenny received an award for her good work.

Name ONE thing she did.

Jenny became one of the leading volunteers in London.
.....

6. The article is about

a. a house Jenny lived in.

b. A halfway house in Leeds

c. talking to people

d. Jenny friends at school