



אנסין באנגלית לכיתה ח'

נערך על ידי מטיק מרכזי למידה

PART I: ACCESS TO INFORMATION FROM WRITTEN TEXTS (70 points)

- פרק ראשון: הבנת הנקרא (70 נקודות) **الفصل الأول: فهم المقروء (70 درجة)**
קרא את הקטע שלפניך, **اقرأ القطعة التي أمامك،**
וענה על השאלות 1-8 שאחריו. **وأجب عن الأسئلة 1-8 التي تليها.**

Read the article below and then answer questions 1-8.

TEENS WITHOUT TECHNOLOGY

Can teenagers stop using their smartphones or computers for a short time? If you ask them, they will probably say no. This is not surprising. One study showed that teenagers today spend more than five hours a day in front of a screen. This is more than twice the time teenagers used technology 10 years ago.

- 5 "When young people are on their smartphones or computers, they disappear into their own world," says Donna Swift, a teacher at Hillsdale School in London. "As a result, it is hard for them to talk to others."

So what happens when teenagers stop using their smartphones and computers? To find out, Swift invited 250 students in the school to participate in a special
10 project. She first asked the students how many hours they use their smartphones and computers every day. Their answers were shocking. The girls were on their phones from the minute they woke up until they went to bed. The boys spent six hours a day playing computer games.

Then Swift asked the students to stop using their smartphones and computers for
15 a week. Was it hard? Yes, but most of them found it easier than they expected. The most important thing was that they all felt good about the project. "I went out with my friends and we laughed a lot," said one. "I played tennis and spent more time with my family," added another.

The teenagers also learned an important lesson. When they are busy with their
20 smartphones and computers, they often forget about other activities that they enjoy. The project showed students that there are many ways to spend their free time without screens. Swift hopes the students will use their time better. Other schools also plan to try the project with their students.

/המשך בעמוד 3/

מחפשים מורה פרטי לאנגלית?

מוזמנים לפנות אלינו בטלפון 055-6658095 או באתר matic.co.il

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|--|---|
| <p>ענה באנגלית על השאלות 1-8, על פי הקטע.</p> <p>בשאלות 1, 2, 4, 5 ו-7, הקף במעגל את המספר של התשובה הנכונה.</p> <p>בשאר השאלות ענה לפי ההוראות. (70 נקודות)</p> | <p>أجب بالإنجليزية عن الأسئلة 1-8، حسب القطعة.</p> <p>في الأسئلة 1 و 2 و 4 و 5 و 7، ضع دائرة حول رقم الإجابة الصحيحة.</p> <p>في الأسئلة الباقية، أجب حسب التعليمات. (70 درجة)</p> |
|--|---|

Answer questions 1-8 in English according to the article. In questions 1, 2, 4, 5 and 7, circle the number of the correct answer. In the other questions, follow the instructions.

1. What do we learn in lines 1-4?
 - i) Why teenagers stopped using their computers.
 - ii) When teenagers started using smartphones.
 - iii) How long teenagers look at screens every day.

(9 points)

2. Donna Swift says teenagers "disappear into their own world" when they (-).
(lines 5-7)
 - i) talk to young people
 - ii) use their computers
 - iii) are in school

(9 points)

3. What did Swift do at the beginning of the project? (lines 8-13)

ANSWER:

(9 points)

/המשך בעמוד 4/

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4. Why were the students' answers shocking? (lines 8-13)

- i) The students spent a lot of time in front of screens.
- ii) The boys used their smartphones more than the girls.
- iii) The students said they would use their smartphones less.

(9 points)

5. For the students, a week without smartphones (-), (lines 14-18)

- i) was harder than they thought
- ii) was impossible for most of them
- iii) gave them time to do other things

(9 points)

6. Give ONE example of what made the students feel good about the project.
(lines 14-18)

ANSWER:

(8 points)

7. From the project the students learned that (-). (lines 19-23)

- i) they can use their smartphones in many ways
- ii) they can have fun without watching a screen
- iii) they need a computer to enjoy themselves

(9 points)

8. What does Swift want the students to do in the future? (lines 19-23)

ANSWER:

(8 points)

/המשך בעמוד 5/



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נערך על ידי מטיק מרכזי למידה

1. What do we learn in lines 1-4?

- i) Why teenagers stopped using their computers.
- ii) When teenagers started using smartphones.
- iii) How long teenagers look at screens every day.

(9 points)

2. Donna Swift says teenagers "disappear into their own world" when they (-).
(lines 5-7)

- i) talk to young people
- ii) use their computers
- iii) are in school

(9 points)

3. What did Swift do at the beginning of the project? (lines 8-13)

ANSWER: she asked the students how many hours they use their
smartphones and computers every day.

(9 points)

4. Why were the students' answers shocking? (lines 8-13)

- i) The students spent a lot of time in front of screens.
- ii) The boys used their smartphones more than the girls.
- iii) The students said they would use their smartphones less.

(9 points)

5. For the students, a week without smartphones (-). (lines 14-18)

- i) was harder than they thought
- ii) was impossible for most of them
- iii) gave them time to do other things

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6. Give ONE example of what made the students feel good about the project.
(lines 14-18)

ANSWER: They laughed a lot.

(8 points)

7. From the project the students learned that (-). (lines 19-23)

- i) they can use their smartphones in many ways
- ii) they can have fun without watching a screen
- iii) they need a computer to enjoy themselves

(9 points)

8. What does Swift want the students to do in the future? (lines 19-23)

ANSWER: She hopes they will use their time better.

(8 points)